

CREATE YOUR ULTIMATE **YES DAY!** WITH

Seasons 52 SM

FRESH GRILL | WINE BAR

WHEN WAS THE LAST TIME YOU ALLOWED YOURSELF TO DO THE THINGS YOU ENJOY THE MOST?
TAKE A MOMENT TO CREATE YOUR ULTIMATE **YES DAY!** BELOW AND FEEL FREE TO ENJOY.

CREATE THE ULTIMATE **YES DAY!** TOGETHER

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CUT AND FILL OUT EACH SECTION TO CREATE A 'THIS OR THAT' **YES DAY!** APPROACH. THEN HAVE YOUR PARTNER BLINDLY SELECT EACH ACTIVITY THROUGHOUT YOUR ULTIMATE **YES DAY!** TOGETHER.



CUT OUT EACH CARD AND GATHER FRIENDS AND FAMILY TO FILL OUT 5 THINGS THEY'D DO ON THEIR ULTIMATE **YES DAY!** THEN FOLD THEM UP TO SELECT ONE AT RANDOM TO ENJOY A LUCKY SOMEONE'S **YES DAY!**

NAME: _____

1. _____

2. _____

3. _____

4. _____

5. _____

NAME: _____

1. _____

2. _____

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4. _____

5. _____

NAME: _____

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NAME: _____

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NAME: _____

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NAME: _____


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The background of the entire image is decorated with numerous small, rectangular pieces of confetti in various colors including green, blue, orange, red, and yellow, scattered across the white background.

THE ULTIMATE.

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YES DAY!

The background of the entire image is decorated with small, colorful rectangular confetti pieces in shades of green, blue, orange, and red, scattered across the white space.

I CRUSHED MY
YES DAY!

WORKOUT

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